Class: Year 5 Subject: Fire Response (Home Fire Escape Plans)
National Curriculum Reference: PSHE: 1c, 2a, 3e, 3f, 3g, 4a, 5a, 5g, 5h, Ma3: 4d En3: 9a

# Learning Objective:

- Children will be aware of what to do if a smoke alarm went off.
- Children to understand the need for a Fire Escape Plan.

#### Success Criteria:

- Children will know what to do if a smoke alarm went off.
- Children will know what a Fire Escape Plan is.
- Children can draw or write their own Fire Escape Plan for their home environment.

#### Introduction:

- Ask the children (in pairs) to think about what they would do if their smoke alarm went off at home? (Emphasise at this point that if they haven't got a smoke alarm in the house they need to get one as soon as possible).
- Share the children' responses with the rest of the class on the IWB, flip chart or sticky notes.

# Teacher Led Activity:

- Agree with the children what the key points are that they would need to tell the rest of their family so they could get out quickly and safely. The key points you are looking for are:
- Plan A (If there is a fire in the house).
  - 1. Shout to wake everyone up and stay together if possible.
  - 2. Feel each door, with the back of your hand, before going through it. If the door is hot that is where the fire may be behind so do not open it. (See Plan B). If the door is cold go through it, closing it behind you.
  - 3. Crawl low to the floor if there is smoke so you can breathe more easily.
  - 4. Get outside by the nearest downstairs door.
  - 5. Once outside phone 999 and ask for the fire service.
  - 6. NEVER GO BACK IN!
- Plan B (If the door is hot and you are trapped in the room).
  - 1. Shut the door.
  - 2. Place blankets, clothing or rugs at the bottom of the door to keep out smoke.
  - 3. If it is safe to do so, phone 999 from the room if you have a mobile phone, or if there is a working phone in the room.
  - 4. Open the window and shout "FIRE!! Until a passer-by phones the fire service.
  - 5. Stand by the open window to breathe in fresh air and to be seen when the fire engine arrives.

#### Other Scenarios:

- If you live in a flat
  - 1. NEVER use a lift, unless with a firefighter.
  - 2. If possible follow PLAN A to get everyone out of the building.
  - 3. If you are unable to get out of the building follow PLAN B, but never attempt to climb out of the building if you are above the first floor.
  - 4. Make sure everyone else in the building is warned.
  - 5. NEVER GO BACK INTO THE BUILDING!
- If heat or smoke becomes dangerously close.
  - 1. Drop bedding out of the window to soften your fall.

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- 2. Climb out feet first, holding onto the windowsill. Lower yourself to your arm's length before dropping to the ground.
- 3. If there are adults with you get them to help you out before getting out themselves.
- 4. If there is a roof or ledge under the window, climb onto it.
- 5. NEVER jump-injuries often occur this way.

### Independent Activity:

- Ask the children to make a checklist of the key points to show to their family that they can
  put on the fridge.
- In groups role play a scenario where a fire alarm has been gone off at home.
- As an extension activity they could draw a bird's-eye plan of their home, including all floor (A
  proforma is attached.) Mark the main escape routes and the key Home Escape Plan points.

# Plenary/Review:

Children will share their own Home Fire Escape Plan and escape route with the rest of the class.

#### Resources:

- Example of a Home Fire Escape Plan.
- IWB, flip chart, sticky notes.
- Fire Escape Plan proforma.

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